

Book review: Orthopaedics propedeutics

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Orthopaedics is a medical speciality that deals with the study, prevention and treatment of diseases and injuries of the locomotor system. The word propaedeutics means “first lesson, preparatory training, pre-education, introduction to a science.” A clinical examination is more than a half the diagnosis (sometimes a complete diagnosis), and without an accurate diagnosis, there is no successful treatment. Unfortunately, in technologically advanced medicine, clinical examination is an almost forgotten skill that requires appropriate theoretical knowledge, but also many years of practical experience.

The book *Ortopedska propedeutika* (English: “Orthopaedic Propaedeutics”) is the result of many years of clinical experience of the author in working with patients and the participation of the author in all forms of teaching in orthopaedics and traumatology of the locomotor system. In it, the authors described clinical exams that serve precisely to master the skill of examination and making an accurate diagnosis in orthopaedics. The introductory part describes the general principles of clinical examination of the locomotor system, and the special part systematically describes and illustrates the most commonly used clinical tests in orthopaedics by individual regions of the body.

The deepest impression on the reader is left by the educational value, and as a special feature of the textbook, we mention the precision, systematicity and logical sequence and gradual presentation that make the work easy to read and understand. With interesting and well-chosen images and drawings that make it easier to understand the text and facilitate learning, the authors have made the book attractive and complete. The textbook contains nine chapters, with 763 photographs and 293 drawings (a total of 1056 illustrations), showing the performance of clinical tests, and 258 references.

With the content and scope of the provided knowledge, documented by original clinical photographs and drawings, the book is intended for a wider circle of readers and experts. It will primarily be useful for orthopedists, traumatologists, radiologists, paediatricians, physiatrists, family physicians, medical students in regular graduate and postgraduate specialist classes and in continuing education. It will also be a useful read for a wide range of professionals such as physiotherapists, occupational therapists, kinesiologists, nurses and technicians.

ORTOPEDSKA PROPEDEUTIKA

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Apart from the authors, special thanks should be extended to eminent orthopedists and reviewers, prof. dr. sc. Sava Jovanović and prof. dr. sc. Domagoj Delimar, for his advice and wholehearted support during the creation of the book. A graphically really demanding book would not have seen the light of day without the great effort of the staff of Medicinska naklada, headed by prof. Andjom Raic. The book, which can compete equally with foreign editions, is unique because the medical literature on this issue in the Croatian language is very scarce. After a long time, local readers were greeted by a quality modern textbook.